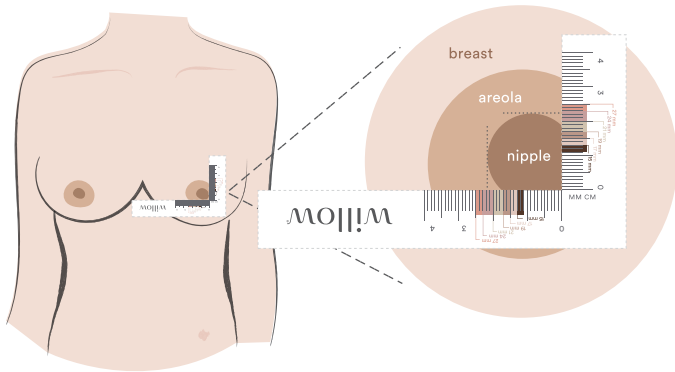


# willow

## NIPPLE MEASURE TOOL



### How to select your Willow size vs flange size

Nipple Measurement	Willow Flange & Container Size	Sizing Insert
11 - 13mm	24mm* <i>with sizing insert</i>	15mm
13 - 15mm	24mm* <i>with sizing insert</i>	17mm
15 - 17mm	24mm* <i>with sizing insert</i>	19mm
17 - 19mm	21mm	NA
20 - 22mm	24mm	NA
23 - 25mm	27mm	NA

\*Sizing inserts fit 24mm Flanges and Containers only.  
Sizing Inserts, Containers and Flanges sold separately.

### HOW TO SIZE YOUR NIPPLES WITH THE WILLOW RULER

- Cut around the outside of the tool and fold twice
- Stimulate your nipple so it perks up
- Place the inside angle where the zeros meet on the point where your nipple begins to stick out from your areola; the very base of your nipple. Slide the paper measure in close so the nipple is nestled in the corner.
- Use a mirror or camera to help you get a measurement
- Use a flange that is 2 -4 mm larger than nipple measurement, for example, if you measure 19mm begin with a 21mm flange and experiment with other sizes based on comfort and production.
- If your size falls outside of 11 – 25mm, please feel free to contact us.

